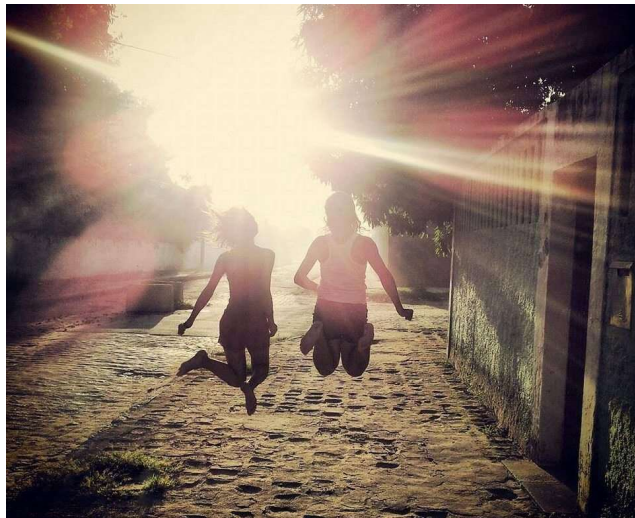


REVIVE

RESTORING LIVES RENEWING HOPE



VOLUNTEER HANDBOOK

WELCOME

Dear Volunteer,

Welcome to Revive! We are delighted that you are thinking about volunteering your time with us. We understand that your time is precious, and we are honoured that you are willing to spend some of it with the children we work with.

The Volunteer Handbook provides answers to many of the questions you may have about the volunteer programs we offer. It covers the roles and responsibilities you will undertake as a volunteer, along with some of the practicalities. We hope to give you a flavour of what volunteering for us looks like and help you to decide if this is for you!

Upon acceptance of one of our volunteering programs, you are responsible for reading and understanding the Volunteer Handbook. If anything is unclear, please do contact us.



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WHO WE ARE

'We believe that every child has the right to a loving and supportive family, and we strive to encourage adoption and fostering to help provide this.'

Revive is a Christian organisation working with children and teenagers in the North East of Brazil who have suffered abuse, trafficking or exploitation. We aim to free them from their situation; restoring their lives and renewing their hope for a better future.

The original Revive house can take up to twelve girls between the ages of 5 to 16 years, and the newly built second house (est. 2019) takes four girls and four boys aged 3 to 6 years, and four babies 0 to 2 years.



VOLUNTEERING

Volunteer work abroad can change your life. It puts you right at the heart of local communities, giving you a chance to immerse yourself in their culture while giving back in a meaningful way.

In 2004 Andy and Rose Roberts, the founders of Revive, met here in Olinda while Andy was volunteering! They initially worked together for a project working with boys before setting up Revive in 2014 – we've been receiving volunteers ever since!

The Revive team consists of a team of 'educadores' who help with all the children's needs, rotating through day and night shifts. We also have a house manager, cook, caretaker, social worker and psychologist. There are also some other British mission partners like Andy who are involved in setting up other branches of Revive. For more information, check out the website at: <http://www.revive-international.org/>



VOLUNTEER PROGRAMS

SHORT TERM

Length: < 2 months

Language: Beginner

Gender: Female

On the Short Term program you can experience first-hand the work we do with the children, be involved with activities and get a taste of the Brazilian culture. We do expect you to learn some basic Portuguese phrases (see page 19) but you will learn surprisingly quickly living with the children.

We ask that you lead a weekly activity (see page 10) and join in with the rest of their timetable too. However, we also really want you to just get alongside the children and help them feel loved!

As Revive is a Christian organisation we do ask that you practice your Christian faith and will be willing to join in with the spiritual input at the house. We have prayer groups, devotionals and weekly training (see page 11).



LONG TERM

Length: < 6 months

Language: Intermediate (school available to learn out here)

Gender: Female

The Long Term program includes all that we ask of Short termers with more advanced language. If your Portuguese is not already at an intermediate level, you will be required to take a month long course at a nearby Portuguese school (see page 12).

We also recommend that Long Term volunteers who would like to stay for more than 4 months should approach Church Missionary Society as they can provide further support and cross-cultural training.



TEAMS

Length: < 2 weeks

Language: Beginner

Gender: Male or Female

Short term teams are usually organised by churches and can consist of all ages and genders. Revive will organize a program, which can be influenced by the individual team members' skills. Usually this consists of activities, games and devotionals with the children alongside more practical work around the house such as painting, plastering and DIY.

Having a team member who can speak Portuguese is a huge help, but it's not expected that the team knows more than the basics. Revive has a few fluent Portuguese/English speakers who will be available to translate when necessary.

If you're interested in creating or joining a team you can do this through your church or get in touch with Church Mission Society to enquire about their 'Encounter' teams.



ROLES & RESPONSIBILITIES

TIMETABLE

MORNING: 8AM - 12AM

Breakfast is by 8am. The younger children will be at school from 7am-11am so this time will be spent with the teenagers or the babies.

REST: 12AM - 2PM

Lunch is at 12pm. After this, everyone rests until 2pm. You can use this time however you would like! You could snooze, go for a stroll, shop, skype etc – it's time for you!

AFTERNOON: 2PM – 6PM

The older girls will be at school from 1pm-4pm so this time will be spent with the younger ones and or the babies.

EVENING: 6PM – 10PM

Dinner is at 6.30pm and after this, most likely you'll all watch a film or play some more. The younger children go to bed about 8pm but the older girls not until 10pm so you can stay up with



them but equally can go up to your room whenever you would like!

Above is a very basic outline of the weekly timetable, but each day will differ. There are planned activities within this alongside the one you will be leading, and they all have sessions with the psychologist too. Most days they will have school homework and most of the children have additional support (Reforça) to help with this too.

Weekends are a lot more relaxed! For the girls, Saturday morning is usually the 'salão de beleza' (beauty salon) where they paint nails, do each other's hair and relax. Sometimes they go to the beach or the shopping centre nearby. You are more than welcome to join in with these things or have every weekend off and do your own thing!

We will make sure that you have scheduled time off too so alongside the weekends you can have a morning or afternoon off too. We are very flexible and can discuss this during interview or upon arrival.

ACTIVITIES

The children are kept busy throughout the week with scheduled activities such as ballet, judo and art among others. However, we greatly encourage you to come with a skillset



that you would be able to teach them. This could be more arts and crafts, drama, baking, dancing, singing... you name it, we're interested!

We have a dance studio which is a brilliant space for anything movement based. We have a few arts and crafts supplies at the house but if you can bring any things out here with you then that would also be amazing as resources are not easy to come by here and tend to be expensive!

TRAINING

Revive has an ongoing training course run in partnership with Church Mission Society (CMS) and consists of two mornings a week. The subject matter will differ from one week to the next – so come prepared to chat about theology or how to set up an NGO!

It is run at the Revive house which is where you will be living. There is some extra reading to do alongside the course, but it is optional for you. Prior to coming, you can ask what training will be covered during your stay here.



LANGUAGE

We would love for you to have a go at Portuguese! We don't expect you to be fluent and as mentioned in the Volunteer Programs above, a different amount of language is needed according to how long you'll be here.

We recommend if you are on the Long Term program to do an intensive month at a language school nearby upon arrival. This runs from 8am to 12am each day at the Olinda Portuguese Language School. The school also a variety of free cultural lessons/experiences that you can take advantage of. These include traditional Brazilian dance classes such as Salsa or Capoeira as well as trips to the many historical sites around Olinda and Recife. You can find out more on their website: <http://olindaschool.com.br/>

We have also included some Portuguese basics at the back of this handbook for you to have a go at (see page 19)!

EXPECTATIONS

We hope that you will want to come out here raring to go and hoping to make a difference (which you will) but don't forget to be kind to yourself! It will be very different to your usual day to day – it may be challenging, frustrating, moving... don't be



afraid as we've all been there. We get it! We are so grateful that you are giving your time to these children and will be here for you to talk to if ever you are struggling.

Please remember that just *being* with the children is so important. Time is such a gift. One of our girls when leaving the house was asked what her best experience had been in the years of being here and her answer was a Short Term volunteer who had played 'Uno' with her every evening before bed! So – don't forget that, regardless of language, your presence and love is what counts.

HOUSE RULES

Revive is a family, and a few rules can be helpful sometimes! So, here's a few things for you to know beforehand:

- The children are not allowed to play on your phones.
- You cannot add them on Social media but if they add you, you can accept this request if you would like to.
- You will have set days in which you can wash clothes. Our house manager Elise will tell you these days upon arrival.
- We wash our own plates after mealtime.
- We always try to speak Portuguese in the house, even with English speakers – if possible.
- No alcohol is to be drunk at the house.
- Drugs are illegal in Brazil and strictly forbidden.



BOUNDARIES

Boundaries can be particularly blurry when someone has been sexually abused and you may find that some of the children are especially physical (e.g. lots of hugs, jumping on you) and some not at all. We ask that you have a read about the effects of sexual abuse of a child and decide how you would feel most comfortable interacting with them. It is also important to maintain the same boundaries with all of them.



PRACTICALITIES

ACCOMMODATION

The Revive house has separate quarters for volunteers that are situated in the same compound, next to the main house. There are two volunteer bedrooms both with bunk beds and ensuite bathrooms. The showers are cold, but these can be refreshing with the heat! Each bedroom also has an electric fan and mosquito nets for those that wish.

There is also a lounge area for the volunteers just next to the bedrooms with a sofa, TV, fridge and WiFi - for when you just need some time away from the main houses!

FOOD

All food is provided within the cost. Just like the UK, there are three main meals a day, with a morning and afternoon snack. The main difference is that breakfast is usually cooked food we would associate with lunch e.g. cuscuz or eggs. Lunch is the main meal and will always involve rice and beans, some type of meat and salad. Dinner is a lighter meal, more similar



to their breakfast. We are able to cater for vegetarians and vegans if you don't mind your beans touching meat or being cooked in a meat stock. You can always bob to the shops if you fancy something different!

SAFETY

The Revive house has a 'watchman' at night to ensure the safety of the children and you! You won't be put in any risky situations when doing things with Revive.

However, we cannot always avoid standing out as being foreigners when out and about, therefore known to be comparatively rich, so we would advise just to be sensible with what you wear, how much money you take with you, and if you have an old smart phone bring one to take out with you, so you can leave your current phone at home.

We will show you where you are able to take money out, the safer areas and the not so! Ubers are cheap here so you can get around easily for a pound or two. And if you are sensible you should not run into any problems.



WEATHER

The north east of Brazil is hot and can be anything from low 20 to high 30 degrees - but you will become accustomed to it! There are fans throughout the Revive house and even air conditioning in the dance studio!

Do remember to drink plenty of water. We recommend you bring a reusable water bottle and keep it with you to remind yourself to stay hydrated!

You can also take advantage of the weather with the nearby beach which is about a 10-minute walk away. Bring lots of sun cream and don't forget those sunglasses – but you can enjoy the beach in your time off.

COST

Revive asks all our volunteers to pay £120 a month to cover board and food. This can be paid once you arrive in Brazil and can be done by getting cash out from the local bank in Brazilian Reais (R\$).

With regards to the Olinda Portuguese Language School, Revive volunteers receive a discounted rate of £500 for the month. This price is linked to the US\$ so might fluctuate slightly but is also payable when you arrive in Brazil.



APPLYING

If you like what you have read and are interested in our volunteering opportunities, then please request an application form by emailing volunteer@revive-international.org or download one from our website.

We will then be in touch to proceed with your application. The first stage will be an interview with one of our UK Revive Trustees. The second stage is another interview usually via Skype with someone based at Revive in Brazil.

Please allow a few months to complete the process.

We can make other arrangements if necessary, so please get in touch and we will see what we can do.



PORTUGUESE BASICS

- *Bom dia/Boa tarde/Boa noite* – Good morning/afternoon/night
- *Olá* – Hello
- *Oi* – Hi
- *Tchau* – Bye
- *Até logo!* – See you later!
- *Até amanhã* – See you tomorrow
- *Qual é o seu nome?* – What is your name?
- *Me chamo...* or *Meu nome é...* – My name is...
- *Tudo bem/bom?* – How are you?
- *Como vai?* – How's it going?
- *Eu estou bem, e você?* – I'm good, how are you?
- *Por favor* – Please
- *Com licença* – Excuse me
- *Obrigado/Obrigada* – Thank you
 - *obrigado* is masculine and said by men and boys
 - *obrigada* is feminine and said by women and girls
- *De nada* – You're welcome
- *Desculpa* – I'm sorry
- *Perdão* – Forgive me/pardon me
- *Prazer* – Nice to meet you
- *Estou com saudades* – I miss you



- *Eu estou doente* – I'm sick
- *Preciso de sua ajuda* – I need your help
- *Você fala inglês?* – Do you speak English?
- *Alguém aqui fala inglês?* – Does anyone here speak English?
- *Não entendo* - I don't understand
- *Eu entendo* – I understand
- *Eu não sei* – I don't know
- *Como se diz... em Português?* – How do you say ... in Portuguese?
- *Fale mais devagar, por favor* – Please speak more slowly
- *Sim/não* – Yes/no
- *Quando?* – When?
- *Por quê?* – Why?
- *Vamos!* – Let's go!
- *Onde é o banheiro?* – Where is the bathroom?
- *Quanto custa?* – How much does this cost?
- *Que horas são?* – What time is it?
- *Como chego ao (à)...* – How do I get to...?
(ao for masculine nouns, à for feminine)
- *Deus te abençoe* – God bless you
- *Vamos orar* – Let's pray
- *Posso ajudar?* – Can I help?
- *Você foi tão gentil* – You have been so kind



QUESTIONS? CONTACT US.

ONLINE

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